A group of young ambassadors (18-30 years old) has participated in an educational programme (ToT) equipping them with the needed competences in terms of critical thinking, digital and media literacy. The young ambassadors will use this acquired knowledge to empower older adults through intergenerational learning.

**THE ToT PROGRAMME IS DIVIDED IN 5 SESSIONS:**

1. **Build the group**
   - Familiarize with DIGITOL and with the ToT

2. **Media Literacy**
   - Critical Thinking
   - Misinformation
   - Disinformation
   - Fake News
   - Hate Speech

3. **Intergenerational and practical work on adult education**

4. **Training and facilitation skills**

5. **Design of capacity building and community engagement actions**

The ToT took place in the 4 partner Countries of the Digitol project:

**BULGARIA**
- Platform and tools: Zoom, Miro App and DIGITOL Academy*
- Participants: 5 trainers + 9 young ambassadors
- Educational Method: experiential learning

**GERMANY**
- Platform and tools: Webex, Miro and DIGITOL Academy*
- Participants: 5 trainers + 5 young ambassadors
- Educational Method: experiential learning, intergenerational exchange, discussion and teamwork

**GREECE**
- Platform and tools: Zoom, voki.com, Google forms and DIGITOL Academy*
- Participants: 4 trainers + 10 young ambassadors
- Educational Method: artistic activity, discussion, brainstorming and debriefing

**ITALY**
- Platform and tools: Microsoft Teams, Zoom, Canva and DIGITOL Academy*
- Participants: 5 trainers + 10 young ambassadors
- Educational Method: experiential learning, brainstorming, discussion forum, webinar, working groups

**DIGITOL ACADEMY**
- E-learning platform
- Full access to materials and other educational tools
- Collection and transfer of knowledge aimed to empower older adults and build their confidence to use digital tools

**NEXT STEPS (MAY 2021-JANUARY 2022)**

Intergenerational exchange, training of older adults and launch of community engagement actions.

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